

# MayMyRun Setup Guide

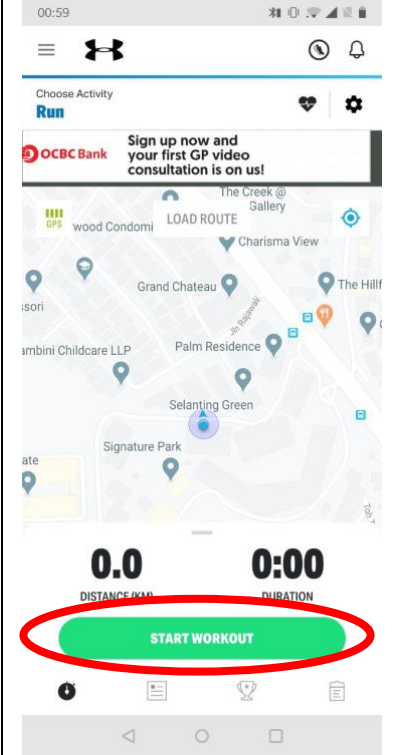
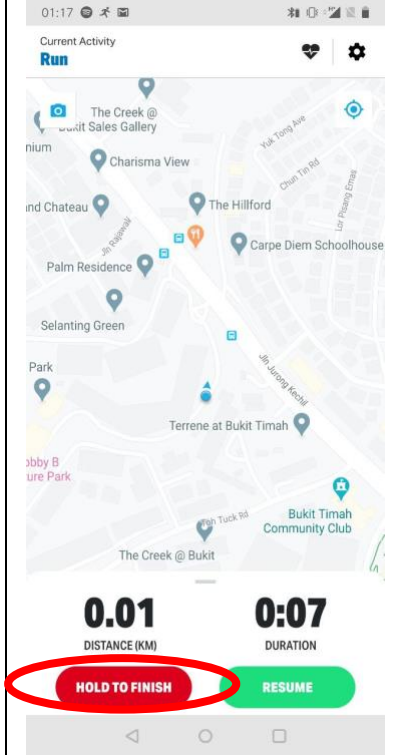
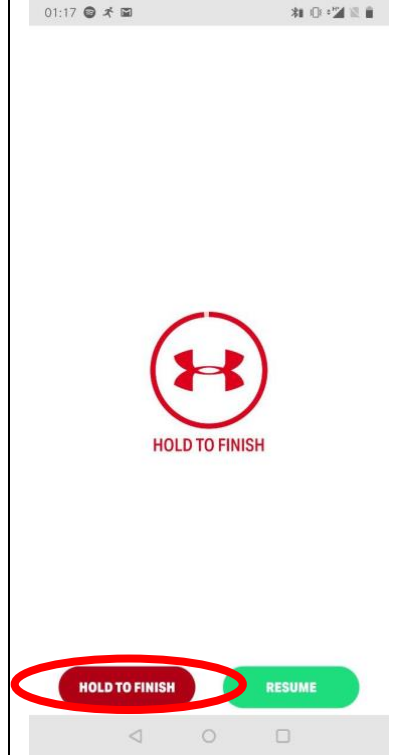
1) Download the app on your phone [Google Play](#) or [App Store](#)

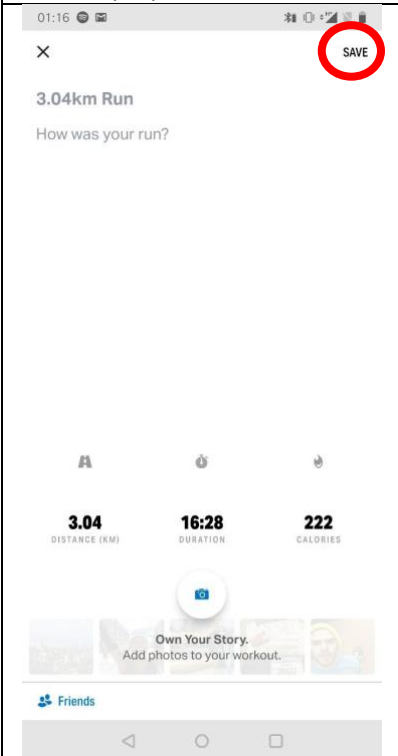
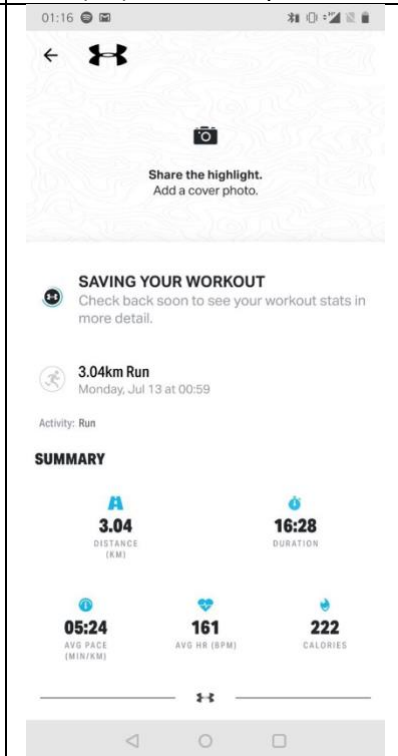
(1) Sign Up	(2) Click	(3) Scroll down and Click

(4) Click Units	(5) Change to Kilometres	(6) Click

(7) Click	(8) Change Voice Feedback	(9) Click Update Interval
<p data-bbox="416 405 560 875">Some users have complain that the settings doesn't save if you don't perform this step</p>		

(10) Change to 1	(11) Click Back	(12) Go Back Home

<p>(13) Click to Start</p>  <p>00:59</p> <p>Choose Activity Run</p> <p>OCBC Bank Sign up now and your first GP video consultation is on us!</p> <p>0.0 0:00 DISTANCE (KM) DURATION</p> <p><b>START WORKOUT</b></p>	<p>(14) Hold to finish</p>  <p>01:17</p> <p>Current Activity Run</p> <p>0.01 0:07 DISTANCE (KM) DURATION</p> <p><b>HOLD TO FINISH</b> RESUME</p>	<p>(15) Continue Holding</p>  <p>01:17</p> <p><b>HOLD TO FINISH</b> RESUME</p>
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<p>(16) Click Save</p>  <p>01:16</p> <p>3.04km Run</p> <p>How was your run?</p> <p>3.04 16:28 222 DISTANCE (KM) DURATION CALORIES</p> <p>Own Your Story. Add photos to your workout.</p>	<p>(17) Save Complete</p>  <p>01:16</p> <p>Share the highlight. Add a cover photo.</p> <p>SAVING YOUR WORKOUT Check back soon to see your workout stats in more detail.</p> <p>3.04km Run Monday, Jul 13 at 00:59</p> <p>Activity: Run</p> <p>SUMMARY</p> <p>3.04 16:28 DISTANCE (KM) DURATION</p> <p>05:24 161 222 AVG PACE (MIN/KM) AVG HR (BPM) CALORIES</p>
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**You have completed the setup of your MapMyRun Application.  
Happy Running!**