

Rules and Regulations

GENERAL

1. RunNUS 2019 (referred herein as the “Event”) is organised by the NUS Students’ Sports Club (referred herein as the “Organiser”) in accordance with these Rules and Regulations that are applicable to the participants.
2. Completion of the official entry form, including online registration, confirms the participant’s agreement to abide by the relevant Rules and Regulations of RunNUS 2019. These Rules and Regulations apply at the material time and to all any ruling of the Organiser.
3. The Participant agrees to provide true, accurate, current and complete information contained in the registration form. If the Participant provides any information that is untrue, inaccurate, not current or incomplete, or if the Organiser has grounds to suspect that such information is untrue, inaccurate, not current or incomplete, the Organiser may suspend or terminate the Participant’s registration.
4. The Organiser reserves the right to use any photographs, recordings of the Event for any legitimate purposes, including future promotional efforts.
5. The Organiser reserves the right to amend the Rules and Regulations without giving prior notification or any reasons thereof.

REGISTRATION

1. The Participant is considered to be registered for RunNUS 2019 only when (i) all and complete information is provided as specified in the online registration form and (ii) full payment of registration fees for the registered race category is duly made.
2. Once the registration form has been duly processed and the full payment of registration fees has been duly made, no amendment of registered race category will be allowed.
3. Participants who are found to have registered for the inappropriate race category that is of a lower fee will be required to pay the difference in fees between the registered and the correct race categories, if he/she wishes to continue to proceed in participating in the Event. No refunds will be made if Participant has already made payment for the incorrectly-registered race category and refuses to pay for the difference.
4. The Organiser reserves the right to cancel or postpone the Event at any time without prior notice to Participants, in which case they will inform Participants prior to the date of the Event. If the Event has to be cancelled or postponed, there shall be no refund of registration fees paid and the Organiser shall not be liable for any other loss or inconvenience caused.
5. The Organiser reserves the right to set the fees for the different categories as expedient to its intents and purposes.
6. The Organiser reserves the right to limit and refuse entries without assigning any reasons thereof.
7. Participants who register and pay the stipulated registration fees by 15th July 2019 are eligible for personalised race bibs.
8. The Organiser shall not be held responsible for any disputes arising from incomplete entry details.
9. Participants below 18 years of age require submission of completed RunNUS 2019 Indemnity Form during the Race Pack Collection with parental or guardian consent before participating in the Event.
10. While baggage deposit services are provided on the race day, the Organiser will not be held responsible for any loss and/or damage, personal or otherwise, to the belongings and items deposited.
11. Participants are advised not to bring bulky items and large amounts of cash and/or valuables to the Event.
12. The Organiser reserves the right to check any item or baggage deposited.
13. Should a non-NUS student/alumni sign up as an NUS student/alumni, the participant will not be allowed to participate in the race (unless he/she re-applies for the public rate). No refunds will be given.

RACE PACK COLLECTION (RPC)

1. All Participants must collect their race packs within the stipulated RPC period (to be confirmed) with proper identification documents. The Race Pack Collection is held on the following dates:
 - Participants who are below 18 years of age must submit the hardcopy of completed RunNUS 2019 Indemnity Form with parental or guardian consent to the Organiser during the stipulated RPC period. Otherwise, the Participant will not be considered as registered for the Event, and paid registration fees will not be refunded to Participant.
2. Participants who are unable to collect their race packs within the stipulated RPC period may authorise a third party to collect on their behalf. The third party must produce Participant's and third party's identification documents, completed official Letter of Authorisation, and officially issued Payment Verification Slip (softcopy/hardcopy) upon RPC.
3. Uncollected race packs within the stipulated RPC period will be forfeited without any refunds/exchanges of similar value to Participant.
4. The Organiser reserves the right to replace the race pack items with items of similar value.

RACE: TECHNICAL GUIDELINES

1. Race categories for RunNUS 2019 are as follows:

Competitive Categories

- 15km Men's and Women's Open
- 15km Men's and Women's NUS
- 10km Men's and Women's Open
- 10km Men's and Women's NUS

Non-Competitive Category

- RUNwithUS (3km Challenge)
1. The Organiser reserves the right to amend the RunNUS 2019 race routes as they deem fit for the safety of the Participants and/or to prevent any potential hazards in the running of the event, at any time without prior notice to the Participant. In such cases, every effort will be made to inform the Participant prior to the date of the event. The Organiser shall not be liable for any other loss or inconvenience caused due to such changes.
 2. Participants must wear their assigned number bib on his/her chest at all times during the race. Participants without the allocated bib number will not be allowed to take part in the race.
 3. The race bib must be positioned at the front, center of the race tee and the bib number MUST be visible at all times. Do not cut or fold or deface the race bib with stickers, markers or any writing the race bib, as doing so will result in a disqualification.
 4. Race bibs are strictly non-transferable. Participants are only allowed to sign up for one race category and may not be allowed to transfer to another category.
 5. The Organiser reserves the right to disqualify and/or refuse entry into the start pen for entries that have been transferred without authorization or approval.
 6. Selling or trading of Bib Numbers is STRICTLY not allowed. The Organiser reserves the rights to disqualify and/or refuse entry into the start pen for entries that have been transferred.
 7. Runners who do not start the race after the respective timings will automatically be disqualified from the race and for safety reasons, may not be allowed to start. No refund will be offered to participants who missed the race flag-off. Participants who have missed their waves are not allowed to join other categories and instead must report to the General Information booth for their next immediate action.

FLAG OFF

- 7.00a.m.: Flag-Off for 15km
- 7.40a.m.: Flag-Off for 3km
- 8.00a.m.: Flag-Off for 10km
- Refer to Race Booklet for more details. *Subjected to changes*

WAVE SEGREGATION

- Runners will be segregated into waves by their bib numbers. There will be fewer bib numbers allocated to the first and last waves. This is to balance out the proportion of runners in each wave as much as possible.
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- However, this will not be enforced strictly as there are different pacer timings for each wave.
- **Winners are determined by gun time, so potential winners are strongly encouraged to be in the first wave.**

Runners are to complete their respective races within the following cut-off times:

- Stay tuned for more details!
1. Participants who do not start within 15 minutes from their respective flag off timing will automatically be disqualified from the race and for safety reasons, may not be allowed to start. No refund will be offered to participants who missed the race flag-off. Participants who have missed their waves are not allowed to join other categories and instead must report to the General Information booth for their next immediate action.
 2. Participants who are unlikely to complete the remaining distance within the cut-off time will be diverted at designated diversion points along the race route by a marshal, to a shorter race route towards the finish gantry. Participants must obey as instructed, or else they will be pulled off the race course immediately.
 3. In the event of the truncation of running routes, competitive prizes for winning teams or single participants will be nullified.
 4. The "Gun Time" will be considered to determine the winners except for the non-competitive category. Gun Time is the time from the start signal until the runner crosses the finish line.
 5. Participants are to cross all the timing capturing devices placed throughout the course of the race. Failure to do so will lead to participants not receiving their finishing timings or results. Participants are also reminded to avoid the clearance zones demarcated by safety cones positioned near the start and end point gantries.
 6. The Organiser reserves the right to modify the terms and conditions at its sole discretion and without prior notification.
 7. Participants are expected to be familiar with the route for the category that he/she registered for and are responsible for following the designated route. Directional markers are only employed to provide assistance to participants. Any participant found steering off the designated route or taking short cuts through undesignated paths will be disqualified. The Organiser reserves the rights to replace any winners if he/she is found to be disqualified.
 8. No pets, or any form of wheel-run objects of transport e.g. inline skates, prams, push cars, shoes with built-in or attached rollers is allowed on the course during the race except official race and medical vehicles.
 9. Participants who wish to leave the marked course, has to obtain permission of and be under the supervision of a marshal, provided that by going off course, he/she does not shorten the distance to be covered. A participant found to have left the marked course thereby shortening the distance to be covered, shall be disqualified.
 10. Participants must faithfully follow the course as marked and directed by the marshals and volunteers.
 11. Participants will not be allowed to obtain any form of external assistance during the run. Failure to adhere will result in immediate disqualification.

SAFETY & MEDICAL ADVISORY

1. Participants are required to submit a medical certification provided by a General Practitioner if they acknowledged presence of any medical conditions in the Health Declaration form during participants' registration of particulars.
2. While reasonable precaution will be taken by the Organiser to ensure the safety of participants, participants take part in RunNUS 2019 at their own risk. The Organiser will not be held responsible or liable for any injury, loss of damage, suffered or otherwise, and howsoever arising.
3. In the event of an emergency, casualties will be sent to the National University of Hospital for immediate medical treatment. Non-emergency cases will be treated by qualified first-aiders on stationed along the race route.
4. The Organiser reserves the right to remove any participant deemed physically incapable of continuing with the run to prevent him/her from causing greater harm and injury to himself/herself.
5. For the safety of participants, participants are advised to run on the designated route and observe traffic regulations.

RACE CONDUCT

START

1. Prior to the race, adequate time will be given to participants to assemble at the Starting Pen. Announcements will be made at least 10 minutes before the start of each category for participants to form up.
2. Upon command, no participants should be found having his/her foot (or any part of his/her body) touching the start line or to the area bounded by cones or tape.
3. The race shall be started by the firing of a gun or air horn device. Consecutive waves of runners will be separated by demarcations employed by our volunteers. Participants segregated in the next wave are strictly not allowed to join the previous wave and may be disqualified from the run if found doing so.

END

1. All results will be captured by the official timing solutions provider.
2. Race timings will be recorded using the IPICO Tags, an electronic tag that is attached to the back of the race bib

HYDRATION STATIONS

1. Water and other suitable refreshments will be provided at suitable intervals of approximately 2-3km along the full race course.
2. The following are the number of water points stationed along each race route
3. A participant who collects refreshment from a place other than the stipulated refreshment stations will render himself/herself liable to disqualification by the Organiser.

RESULT PROCESSING

1. The term "Championship positions" refers to the top 3 male and female finishers from each competitive category.
2. All Championship positions will be based on Gun Time, and only Gun times are deemed official for Championship winning timings. As such, participants who are aiming for the Championship positions will need to position himself/herself near the start line of the first wave of his/her race category.
3. The Organiser reserves the right to award the prizes according to allocated race categories.
4. Results will be handled by the official timing solutions provider. Race timings tabulated by the official timing solutions provider will be deemed as final and no other source of timings may be raised to contest them.
5. Results of the Championship positions will be released within half an hour after the top 3 male and female finishers of the respective categories cross the finishing line.

6. Full results of all participants will be published on RunNUS 2019 official website within one week after race day.

DISPUTES

1. Participants may file protests with regard to on-course activities in a written format with an appeal fee of SGD20, no later than 30 minutes after they finish their event. Protests must be filed at the Technical Tent.
2. The decision of the Project Director shall be final for any protests or other disputes and there shall be no further right of appeal.

INCLEMENT WEATHER

1. The Organiser reserves the right to delay the commencement of the run in the event of inclement weather. Should the inclement weather persist after the delay, the Organiser reserves the right to cancel the race without refund of registration fees.
2. All participants are to follow the instructions of the marshals upon delay of the race due to CAT 1. Should the Organiser cancel the race in light of inclement weather, marshals would provide directions for participants back to the Start / End Point where participants are given.

AWARDS

1. Awards will be given out on-site after the race in a prize presentation ceremony, to the top 3 finishers of each category.
2. The winners' names will be announced and posted at the Information Counter prior to Prize Presentation.
3. The winners must be present to receive their trophies.

WET WEATHER

1. The last flag-off is at 9.00a.m.
2. The cut-off timing will be extended from 10.30a.m. to 11.00a.m.
3. If lightning risk alert (LRA) is activated and does not stop by 8am → event cancelled.
4. If it rained in the morning before 7.00a.m., 3km Challenge will be cancelled due to safety considerations (slippery roads etc.)

Situation	Pushing back / Cancellation of waves	Winning top prizes for competitive categories
Slippery path (e.g. rained before 3km flag-off)	3km Cancelled	N.A.
Rain + No flag-off carried out yet. LRA stops by 8am	Wait till 8am. The latest we can push our first flag-off is to 8am. Last flag-off pushed to 9am.	As usual.
Rain + No flag-off carried out yet. LRA does not stop by 8am	Event cancelled	Cancelled. Finisher tees and medals will still be given out.
Rain after flagging off first few waves of 15 km. LRA stops by 8.30 am	3km Cancelled, 10km brought forward. Subsequent 15km waves pushed back to after all 10km flagged off.	10km prizes as usual. 15km prizes only given to the top 3 runners who make it back before the LRA activation.
LRA after flagging off first few waves of 10 km. LRA does not stop by 8.30 am	Subsequent waves cancelled.	Prizes will only be given to the top 3 runners who make it back before the LRA activation.
LRA after flagging off first few waves of 10 km. LRA stops by 8.50 am	3km to stop immediately, no continuation. Subsequent 5km waves flag off.	
LRA after flagging off first few waves of 10 km. LRA does not stop by 8.50 am	Subsequent waves cancelled.	